

# Self Identity

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**Abstract** - The human self exists at the interface between the animal body and the social system. Solitary beings would hardly need or have selves, but social and cultural system define in entities, and the human animal acquires selfhood in order to function these system. Self begins with the physical body, with acting and choosing as a unity, and as a point of reference distinct from others, and it acquires meaningful content by participating, looks or expression that makes a person. Simply self identity refers to a person's self conception of the structural role position. Self identity reflects the label people use to describe themselves. Different people have different identity. Self identity is also refers to "who am I and where do I belong. "In that sense they are inherently both individuating and connecting ways of making sense of oneself. The main problem of this project is that different people have their own different identity which may be good for some reasons and bad. The different people have their own different identity which may be good for some reasons and bad, the different identity of an individual may reflect some good behavior and may be of the individual can reflect the bad image to the observer. Through this project firstly we will deal about the different characteristics of the identity of an individual.

## 1. INTRODUCTION

Self Identity is that the personal understanding an individual has of themselves. Self Identity consists of relatively perpetual self-evaluation, like personality attributes, knowledge of one's skills and skills, one's occupation and hobbies, and awareness of one's physical attributes.

For example, the statement, "I am slothful" may be a self-evaluation that contributes to the self- concept. In contrast, the statement "I am tired" wouldn't normally be considered a part of someone's self-concept, since being tired may be a state. Every person has his / her unique self identity. it's going to be his talents, hobbies, character, dressing, the way they speak, the way they behave, etc. an individual's identity is elucidated because the totality of one's self-construal, during which how one construes oneself within the present expresses the continuity between how one construes oneself together was within the past and the way one construes oneself together aspires to be within the future"; this enables for precisions of aspects of identity. Self-identity refers to a person's self-conception, self-reference cognitions, or self-description that folks apply to themselves as a ramification of the structural role

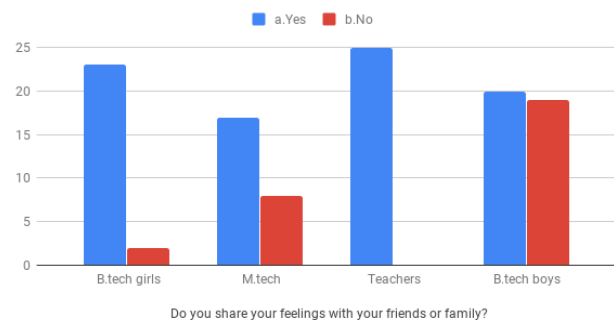
positions he or she occupies or a specific department he or she engages in regularly. Self-identities reflect the "labels people use to catalogue themselves". Self-identities provide meaning for the self, not only because they ask concrete role specifications or behaviours but also because they discern roles or actions from disputes or opposing.

### 1.1 what's Self Identity?

Self-identity refers to a person's self-conception, self-referent cognitions, or self-definition that folks apply to themselves as a consequence of the structural role positions he or she occupies or a specific behaviour he or she engages in regularly. Self-identities reflect the "labels people use to explain themselves" (Biddle, Bank, 1987, p. 326). For instance, a person's self-identities may include the very fact that she may be a mother, a wife, a daughter, a caseworker, and a donor

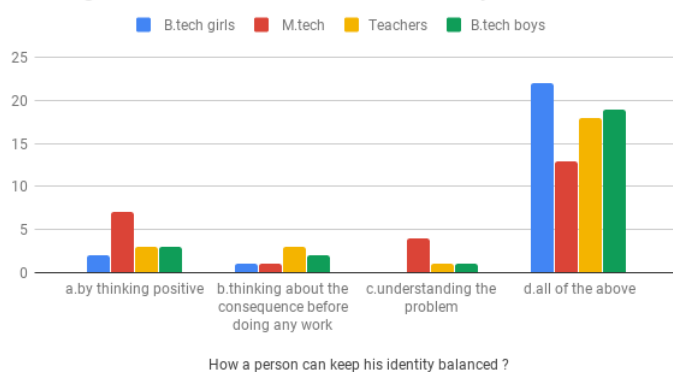
For example, the statement, "I am lazy" may be a self-assessment that contributes to the self-concept. In contrast, the statement "I am tired" wouldn't normally be considered a part of someone's self- concept, since being tired may be a state. The Self Identity isn't restricted to this. It includes past selves and future selves. Future selves or "possible selves" represent individuals' ideas of what they could become, what they might wish to become, and what they're scared of becoming.

a. Yes and b.No



In this graph it is clearly shown that maximum number says Yes and there is very less percentage of the people who are not sharing with their parents. Many of the M.tech students doesn't share Anything with their parents it is because they might not close to their parents general reason of the students is this and some does not feel comfortable to talk with their parents or some of the members are afraid of the parents of we said then they might take some action But as seen in graph Including everyone only 15% says no other than that everyone is saying yes

B.tech girls, M.tech, Teachers and B.tech boys



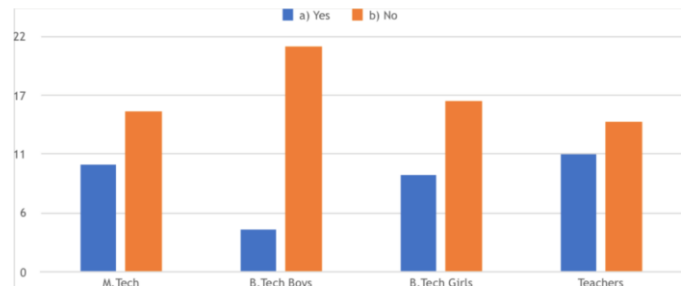
Actually according to the survey majority is yes and that is a good thing because maximum are sharing feelings with their parents by doing this they are attached to parents and their parents can aware his/her before taking any wrong decision.

## 2. How a person can keep his identity balanced?

Actually It depends on the capability of person that how he keep his identity balanced Some of the members said that by understanding problems or by thinking positive Basically there is no point To argue with their answers because this thing depends on the capacity of each and every person But maximum has selected all the options which is d as you can see in graph the remaining options are also selected but comparing d option the opinion of the of the Members is more.

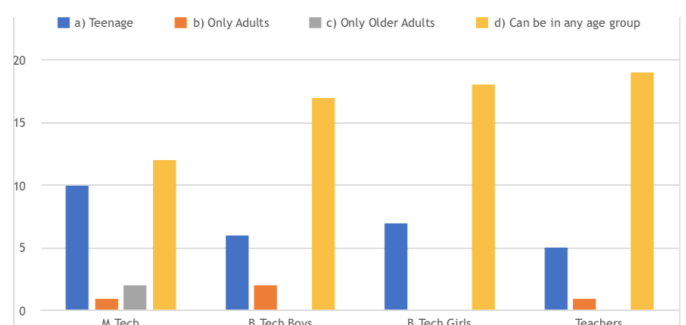
A person should keep his self-identity balanced by all the three options and again it depends from person to person that how he think he should keep his self-identity balanced.

## 3. Is it more common for men to get disturbed than women?



After finishing the whole survey, it can be seen through the data that there are way more people who think that men cannot get more disturbed than women compared to the ones who think men can get more disturbed. The survey was conducted with four different groups of people i.e. B.Tech Boys, B.Tech Girls, MTech Students and, Teachers and each of them had different kind of response to the question. The biggest difference in answer can be seen in the B.Tech Boys group as only 16% of them think that men can get more disturbed than women. Coming to the B.Tech Girls group, the responses were fair but still most of them think that men cannot get more disturbed than women. Responses from the MTech Students were on par with those of B.Tech Girls as most of them also thought that women can generally get more disturbed than men. Talking about Teachers, who have a certain age gap from all the other groups, the responses were quite same compared to other groups but a bit more balanced with both the options. Rounding off, we can draw the conclusion that most people think that men cannot get as disturbed as women.

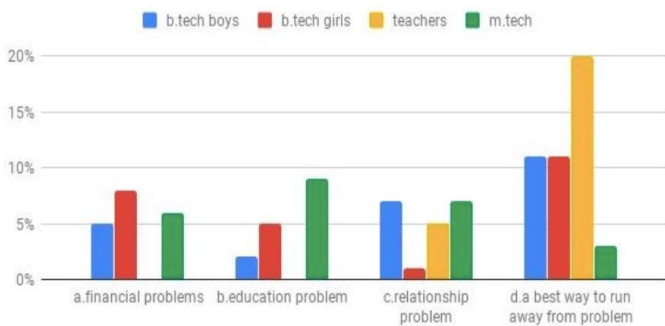
## Q no:4: Disturbed person can be found at which stage of an individual?



At the end of this survey, it can be seen through the collected data that there are way more people who think that a disturbed person can be found in any age group rather than in a specific one. As we can see, 66% of the total people think that there is no specific age group for a person to get more likely disturbed. The survey was conducted with four different groups of people i.e. B.Tech Boys, B.Tech Girls,

MTech Students and, Teachers and each of them had different kind of response to the question. The peculiar thing noticeable is that almost none of the people in any group think that adults and older people are more likely to get disturbed. The responses from B.Tech Boys, B.Tech Girls and Teachers are almost the same with only a few for Teenagers and almost none to adult and older people. Coming to the MTech Students, a balance between the number of people for Teenagers and the number of people for any age group can be seen with still almost negligible response for adult and older people. Rounding off, we can conclude that most people think Teenagers can get more disturbed if we take any specific age group.

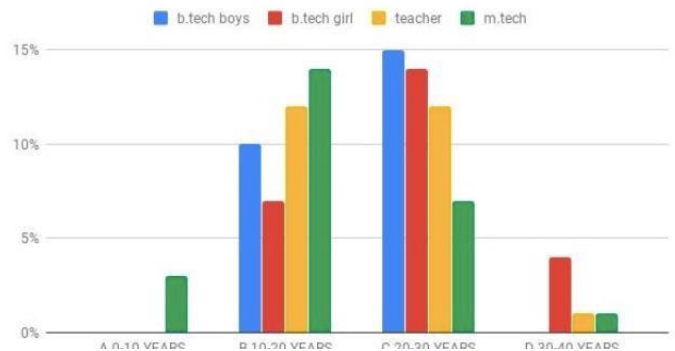
5.what may be the reasons for the suicidal attempts made by individuals?



In this question we find that people from each of their respective group have different opinions in this question like for the majority b.tech boys, girls, teachers the best situation for suicidal attempts is option d. The best way to run away from problems whereas for m.tech boys its option

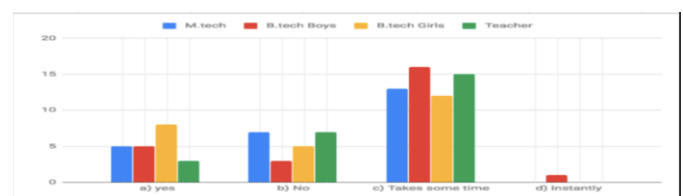
b. education problem. therefore many of the b.tech boys ,m.tech boys ,and teachers have also choose option c. which is relationship problems according to teachers the reason for suicidal attempts is a best way to run away from problem or relationship problem they do not find any other option for the question.the best common answer for this question is option d.a best way to run away from problem it is the most relevant option because if a person is having some kind of problem then he should face the problem rather than running away from the problem. As we can say option d. Is the combination of all the options.

6.AT WHAT AGE GROUP A PERSON CAN BE DISTURBED



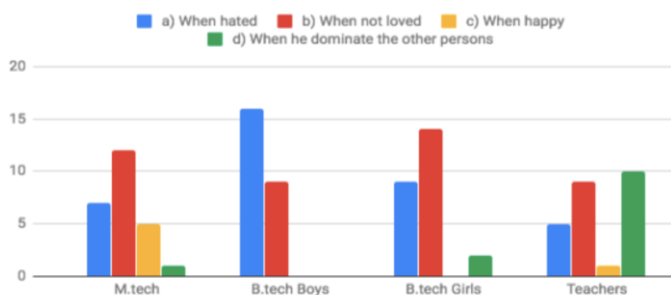
Here in this question majority of people has either choose 10-20 or 20-30 year as an ideal age for a person to get disturbed. for b.tech boys they have chosen 20-30 and 10-20 .for b.tech girls majority of them have chosen 20-30.for teachers they think 10-20 and 20-30as the ideal age for students to get disturbed and for m.tech student majority of them choose 20-30 year.so we can conclude by saying that 20-30 year is the age period where a person can get disturbed. Age 20-30 is that age when a person has to see all his family, friends, society everything there is a lot of pressure in the individual they have a lot of problems like employment problem, relationship problems, family problems etc. A lot of people have also choose option b. 10-20 years which is also true as at this age the children becomes teenagers and there is a lot of change in their mind set they have the pressure of studies, father's pressure , mother's pressure.

Q no :7:Do you think a person can easily get attached to an unknown individual?



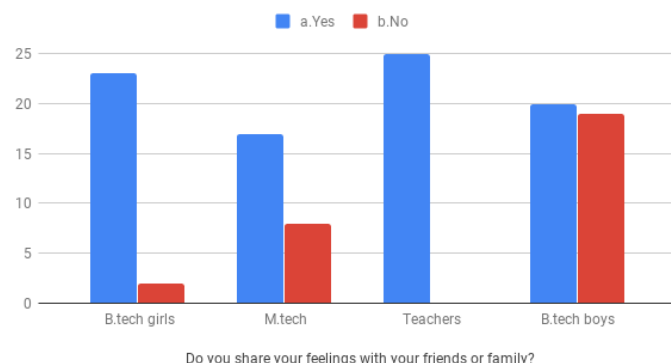
From the above survey, it is understood that a high percentage of the responders take some time to get attached to an unknown individual. An intermediate response is obtained according to which an equivalent proportion of people either get totally attached to an unfamiliar person or do not at all. However, the chance of people to get involved with a stranger instantly is rare. It is human nature to dwell on an unknown individual after meeting them and take some time to interact friendly with them. However, there are some people who are good at communication skills and can get involved with strangers easily or on the contrary, they cannot get attached easily. Although people may take time to communicate with new acquaintances, but they hardly chose to get close to strangers immediately after the meet.

Q no :8 At what condition a person emotionally out burst?



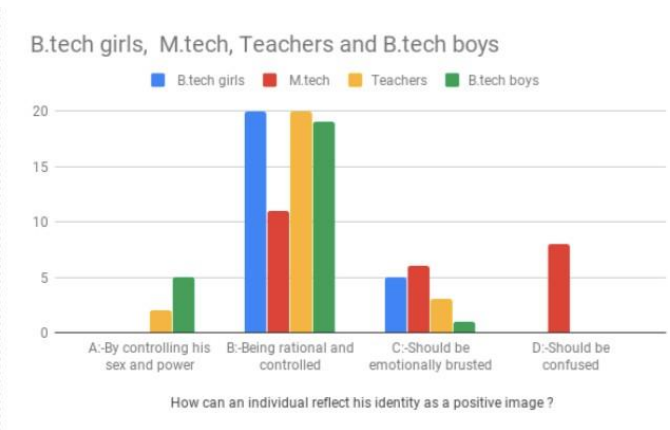
At the end of the survey, it can be seen through the collection data that it can be interpreted from the above statistics that 45% of people surveyed emotionally outburst due to a feeling of not being loved, while 36% do so when they feel hated. A lesser section i.e. about 13% of the responders get emotional in situations where they dominates other people. Only 6% of the total people get emotional when happy. This survey gives a conclusion that one gets emotional mostly when one is not treated with love or they feel hated. If people dominate others, they in return get emotionally expressive. By obviously, very less people emotionally out break when they are happy. So most of the people when they don't get love from there parents, relatives and from the beloved person they goes in depression

a. Yes and b.No



Finally after the survey we find that the number of individuals who can control their anger is more than the no of people who cannot control their anger. As we did the survey in four different stage i.e M.tech students, B.tech Boys, B.tech Girls, and Teachers we found the different types of responses from them. We can see the B.tech girl there is a huge difference between them who can control and who cannot control their anger as the data is varying by a huge range. As coming to the M.tech students we cannot find much more difference in controlling their anger as the gap between these options is very less but also the students who can control their anger is very lee than the students who can't control their anger. While coming to the B.tech boys the percentage of students who can control their anger is more than then the students who cannot control their anger. But while coming to the teachers we seems to found a huge difference between yes and no as the teachers who cannot

control their anger percentage is very less. As we can see in the above graph almost 99.98% of the teachers can control their anger. Overall if we round off and take the data we seems to find that after doing survey in different peoples like B.tech boys, M.tech students ,teachers, B.tech girls we find that the maximum number of individuals can control their anger. There are only few who cannot control their anger...



After the survey we came to find that a individual can reflect his positive image by being rational and controlled. As by the survey we can see that B.tech girls and M.tech students doesn't thinks that a person can reflect his identity as a positive image by controlling his sex and power. While coming to another option I.e should be confused this option is almost no choose by maximum number of the individuals as only some few people have selected it which cannot be the correct option for the questions. And coming to emotionally bursted this option is choose but is very less in terms of being rational and controlled.as every has choose this. But the option (b) I.e being rational and controlled this has got the maximum number of votes. So as if we also see in real life a person can reflect his positive image by being rational and controlled. So in between these four reasons option(b) has been chose in a large number. As we can see that almost everyone has choose the option (b) as if they are B.tech boys,M.tech,Teachers,B.tech girl.

### 3. Conclusions

From this survey of analysis of self identity of a person; we have succeeded in getting the in depth information of the contemporary minds of our college. All the participants of the survey have been true for the survey which has given us an extra boost for completing the survey in a well organised manner. From the survey it is very clear that the teachers are the more mature ones of all. They have loads of experience which gives them an edge over other participants and have a more logical viewpoint. This is surely because they know the world better. The most mixed reactions have been tracked and it has been found that the B.tech students have a very casual approach. The girls still are a way better than the boys. The most agitated section is the M.tech students who have loads of pressure. One

shocking result was that plenty of participants think that suicide is the best way to get rid of a problem. This actually shows the mentality of people. This result was a dangerous one. We have also concluded that teenage and the early adulthood is the time when there is a lot of disturbance in our life. This is mostly due to a bad peer group or bad experience or something unknown. We must deal with the problems of our life however harsh they might be. At last we would say that we must have an optimistic approach towards life.

**It does not matter how slowly you go as long as you don't stop.**

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#### BIOGRAPHIES



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