

# DESIGN AND FABRICATION OF PNEUMATIC POWERED EXOSKELETON SUIT FOR ARMS

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**Abstract-** Exoskeleton have evolved as leading tools for augmenting able-bodied performance which is assisting human mobility and restoring lost limb function exploiting biomimetic design, the device may be worn in close proximity to the body and transmits torques via powered revolute joints and structural limbs. In the present work a comprehensive design and fabrication of hand exoskeleton technologies for rehabilitation and assistive engineering were made from the basic hand biomechanics to actuator technology with the involvement of pneumatic power. The designed suit reviews the state of the art of active hand exoskeletons for the applications in the areas of rehabilitation and assistive robots.

**Keywords:** Exoskeleton, arm, suit, pneumatic, robot.

## 1. INTRODUCTION

Exoskeleton arm is an anthropomorphic external mechanical structure that allows for the transfer of mechanical power from the exoskeleton structure to the human arm. Excelsior's exoskeleton suit, also known as powered exoskeleton, exoframe or exosuit, is a mobile machine consisting primarily of an outer framework worn by a person, and a powered system of pneumatic artificial muscles (fluidic muscles) that delivers at least part of the energy for limb movement. Thanks to this device the user will no longer feel any fatigue in carrying heavy loads for long periods of time. Recyclable, light and enduring materials are used in this project in order to fulfill safety and environmental concerns. The main function of the exoskeleton suit is to assist the wearer by boosting their strength, endurance and durability. They are commonly designed for military use, to help soldiers carry heavy loads both in and out of war. In civilian areas, similar exoskeletons could be used to help firefighters and other rescue workers survive dangerous environments. The medical field is another prime area for the exoskeleton technology, where it can be used for enhanced precision during surgery or as an assist to allow nurses to move heavy patients. In our project lift the weight up to 5-20kg.

Because of their inherent motor and sensory requirements, hand exoskeleton technologies for rehabilitation and assistive engineering have not progressed as rapidly as the exoskeleton robots and devices for lower and upper limbs that have become popular over the last decade. These requirements have inspired considerable developments in robotic hands in terms of their degrees of freedom, weight, size and dexterous manipulation capabilities. At the same time, enhancement of hand functions using exoskeleton technologies for those who have lost or weakened hand capabilities because of neuromuscular diseases or aging has become an important issue, because hand functionality is a dominant factor in living an independent and healthy life.

Also, people whose work requires the exertion of a forceful and repetitive hand gripping action are exposed to a high likelihood of developing a musculoskeletal disorder. Therefore, to prevent such work-related musculoskeletal disorders, it is important to reduce the physical burden on these workers. Hand exoskeletons can be used to assist the hand function by amplifying the hand gripping force or automating the motion. Applicable areas include heavy industry, construction, military, and logistics.

One of the most important requirements of any device that interacts with humans is safety. Because the exoskeleton devices move under close contact conditions with the wearer, any malfunction can be seriously harmful to the user. Mechanical designs should therefore consider the possibilities of unpredicted erroneous operation of the device controller when the device is actively actuated. Limits to the range of motion can be set using a mechanical stopper or corresponding structural designs so that the exoskeleton cannot force the wearer's body to move in an excessive range of motion. The coincidence of the centre of rotation is a primary concern in the mechanical design of hand exoskeletons. When the user wears a hand exoskeleton with rigid linkages, the linkage structure should be designed to have a centre of rotation that coincides with the rotational axis of the human body joint. Otherwise, the difference in the

rotational axes may cause a collision between the user's hand and the device, resulting in damage to the user's hand.

The most intuitive method is to build the exoskeleton's centre of rotation to coincide with that of the wearer. However, this requires an additional space to locate the mechanism at the side of the finger, making it difficult to build a multi-fingered structure. Otherwise, a remote centre of rotation can be adopted.

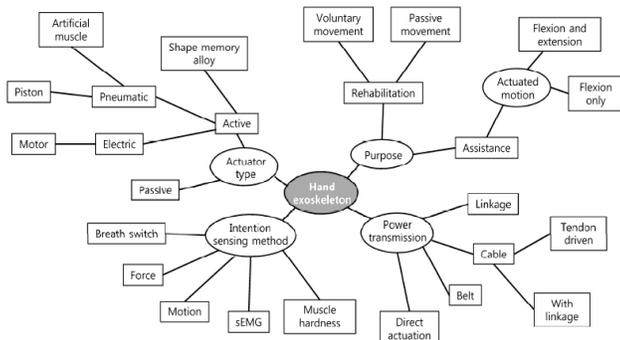


Fig-1: Classification of hand exoskeleton according to various criteria

Abdulla Almomani et.al[1] summarizes the concept of the pneumatic exoskeleton and its benefits, theoretical background of exoskeletons and the design process. The exoskeleton suit structure is made mainly from a combination of steel and aluminum. The power system is delivered through a set of Fluidic Muscles.

Slovak et.al[2] deals with robotic exoskeletons and their using in rehabilitation of the upper limbs. First part describes application of robotic devices in rehabilitation, architecture of rehabilitation robotic system and its main subsystems.

Michael Scott Liszka et.al[3] says all about the design of exoskeleton for shoulder rehabilitation. Process of design, kinematics, actuators, transmission and mechanical analysis. The type and process of selection of actuators given in the paper helped us for the requirements of the project. Also the effect of mass and friction clearly explained in the paper made us to consider such parameters for proper design.

Simone Marcheschi et.al[4] gave information of kinematics and dynamic characteristics which is necessary for a power-augmented full body wearable robot which is able to handle heavy objects.

Conor James Walsh et al [5] Gave information of the Metabolic studies and about the Human body joints which is used to make the exoskeleton joints as per human natural joints. A state-machine control strategy is written based on

joint angle and ground-exoskeleton force sensing to control the joint actuation at this exoskeleton hip and knee. The joint components of the exoskeleton in the sagittal plane consist of a force-controllable actuator at the hip, a variable-damper mechanism at the knee and a passive spring at the ankle.

## 2. SCOPE OF THE PROJECT

In this present competitive world there is huge scarcity of man power, so there must be an alternative to reduce this problem. Even in industrial application it requires more human resources for daily work and load carrying process is more. All these above work can not done humans. To overcome this situation pneumatic exoskeleton system is adopted to ease the work and minimize stress of prime area for exoskeleton technology, where it can be use for enhanced precision during surgery or as an assist to allow nurses to move heavy patients.

## 3. RAW MATERIALS AND METHODOLOGY

Table 1: Materials used

SL.NO	MATERIALS	SPECIFICATIONS	QUANTITY
1	Mild Steel	1/2×1/2 inch	2
2	Hollow Pipe	Ø25 mm	1
3	Cylinder	Ø25mm	1
4	5/2 solnoid valve	3 port,2 position	1
5	Air compressor	4-8 bar	1
6	Controller	AC or DC	1

### 3.1 Pneumatic cylinder



Fig-2: Fabricated right shoulder pneumatic cylinder

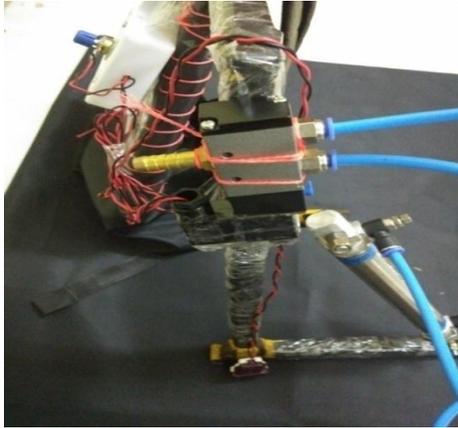


Fig-3: Fabrication of solenoid valve

Above figure shows that 5/2 solenoid valve for left shoulder and also for left hand fabricated by welding process.

### 3.2 Fabricated solenoid valve for right cylinders



(a)



(b)

Fig 4(a-b): Fabricated assembled parts

Above figure shows that fabrication 5/2 solenoid valve for right shoulder and also for right arm fabricated by welding process.

## 4. CALCULATION AND SPECIFICATION

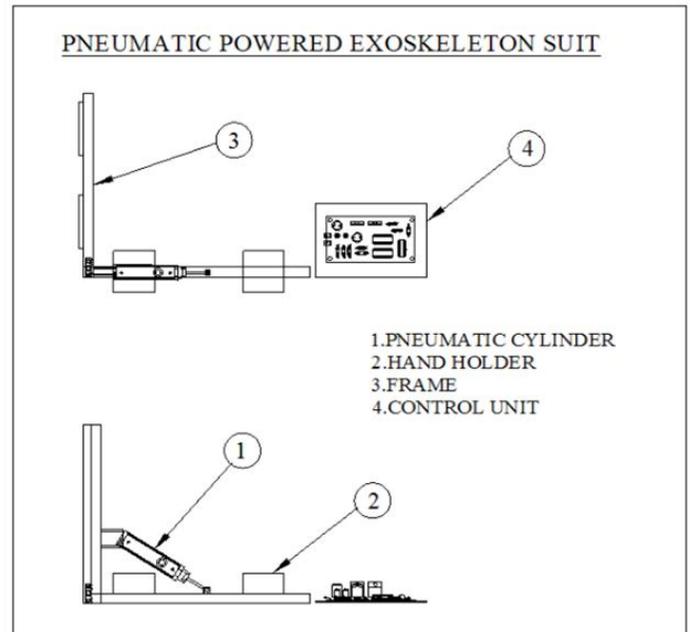


Fig-5 : 2D sketch of the suit

### 4.1 Specifications

#### 4.1.1 Pneumatic cylinder

Diameter of the Piston (d) =25 mm

Pressure acting (p) =0.63kpa

Material used for rod =Mild Steel

Yield stress ( $\sigma_y$ ) =36 kgf/mm<sup>2</sup>

Assuming factor of safety=2

Force acting on the rod (P) =Pressure x Area

$$=p \times (\frac{\pi d^2}{4})$$

$$=0.4 \times 490.87$$

$$P=196.3N$$

#### 4.1.2 Double acting pneumatic cylinder

Stroke length : 120 mm

Quantity: 4

Seals: Nitride (Buna-N) Elastomer

End cones: mild steel

Piston: EN – 8

Media: Air

Temperature : 0-80 °C

Max pressure range:  $8 \times 10^5 \text{ N/m}^2$

**4.1.3 2. 5/2 Solenoid Valve**

Max pressure range :  $0-8 \times 10^5 \text{ N/m}^2$

Quantity : 1

**4.1.4 Connectors**

Max working pressure:  $8 \times 10^5 \text{ N/m}^2$

Temperature : 0-100 °C

Fluid media : Air

Material: Brass

**4.1.5 Hoses**

Max pressure :  $8 \times 10^5 \text{ N/m}^2$

Outer diameter: 6 mm

Inner diameter: 4 mm

**4.2 Details**

The important parts of pneumatic exo-skeleton suit are:-

1. Compressor unit
2. Solenoid valve (direction control valve)
3. Double acting cylinders

**1. Compressor unit :** It is one of the important part of exoskeleton suit. The capacity of compressor is 4-8 bars. It provides the necessary pressurized air required to operate the system. Our compressor has ability to lift up to 5-20 kgs load.

**2. Solenoid valve (direction control valve):-** It is used to control the direction of the pressurized air in this pneumatic system using 5/2 direction control valve. It requires two valves.

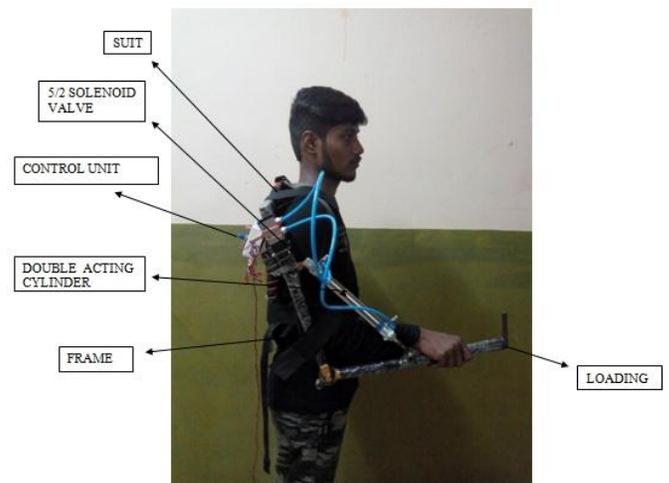
**3. Double acting cylinders:-** These cylinders are actuated by compressed air which can lift the load. This project requires four cylinders for operation (120mm stroke length

The working of the exoskeleton is completely based on the mechanisms of the pneumatic cylinders and solenoid valves and the joints which will give different degrees of

freedom for every parts to get easy motion for the human wearing it. When air from compressor makes cylinder to actuate and helps in lifting weight which will be connected to hook through arm frame the force required to lift weight will be more so to reduce the effort of cylinder and to increase the capacity we are using one cylinder were the weight will be transferred to single arm and shoulders and the tension on cylinder will reduces to higher extent. In our case lifting energy will be produced by compressed air which will actuates the double acting cylinder and the complete setup of compressor and actuators will produce more force than the stationary weight.

**5. RESULT**

This pneumatic powered exoskeleton gives quick response to human action and flexible compared to hydraulic and electrical type exoskeleton. Our project designing is to lift load up to 5-20kgs and testing is in process.



**Fig-6: Tested view of Exoskeleton suit for arm**

**Table-2: Result analysis**

Weight(kg)	Time (sec)	Pressure(bar)
5	1.2	4
10	2	4
15	2.5	4

From the conducted experiment, we obtain the following results which states that as the load increases, the time taken for the lifting of the load also increases at constant pressure.



