A Study to Assess the knowledge regarding management of minor ailments among school going children (6-12years) in Hilton Matriculation Higher Secondary School, Chrompet

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ABSTRACT: Children are the future of the nation. Children suffering from minor ailments are the frequent episode in childhood experiences. Quantitative evaluative research approach is adopted for this study. The descriptive research design was adopted for this study. The sample consists of 30 students in the age group of 6-12 years. The sample was selected on the basis of Simple Random Sampling. The samples were selected by lottery method Who are fulfilling the criteria by the investigator. Results revealed that 20% have inadequate knowledge, 30% have moderate knowledge and 50% have adequate knowledge regarding management of Minor ailments.

KEYWORDS: Minor Ailments, Knowledge of school Children, Management.

INTRODUCTION

The future of the world depends on how well it cares for its children. If this population is to thrive, it must be nurtured in an appropriate environment. Focusing on the health needs of children increases the chances that future adults will value and practice healthy life style. School children are exposed to various epidemiological factors in the environment which influence their present and future state of health. Suffering from minor ailments is the most frequent episode in childhood experiences.

OBJECTIVES:

To assess the knowledge regarding the management of minor ailments among school going children.

MATERIALS AND METHODS:

- **RESEARCH APPROACH:** Quantitative evaluative research approach is adopted for this study.

- **RESEARCH DESIGN:** The descriptive research design was adopted for this study because the aim of the investigator was to evaluate the knowledge of regarding minor ailments of school going children (6-12 years).

- **SETTING OF THE STUDY:** The study was conducted in Hilton Matriculation Higher Secondary School, Chrompet.

- **STUDY POPULATION:** The sample consist of 30 students in the age group of 6-12 years who were studying in IV,V and VI standards and who satisfied the inclusion criteria.

- **SAMPLE SIZE :** The total sample size is 30.

- **SAMPLE TECHNIQUE:** The sample was selected on the basis of Simple Random Sampling. The samples were selected by lottery method Who are fulfilling the criteria by the investigator. The tool consists of four sections.

- **SECTION-A:** Perform on demographic variables: It consists of demographic variables such as age, sex, religion, type of family, educational status of mother and father, area of residence, previous source of information on minor ailments, specify the resource.

- **SECTION-B:** Questionnaire related to assess the knowledge regarding Management of minor ailments of school going children.

RESULT AND ANALYSIS:

<table>
<thead>
<tr>
<th>S.NO</th>
<th>LEVEL OF KNOWLEDGE</th>
<th>NUMBER OF PEOPLE</th>
<th>PERCENTAGE</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
<td>Inadequate</td>
<td>6</td>
<td>20%</td>
</tr>
<tr>
<td>2.</td>
<td>Moderate</td>
<td>9</td>
<td>30%</td>
</tr>
<tr>
<td>3.</td>
<td>Adequate</td>
<td>15</td>
<td>50%</td>
</tr>
</tbody>
</table>

FIG 1: PERCENTAGE DISTRIBUTION OF THE LEVEL OF KNOWLEDGE
CONCLUSION

The present study was conducted to assess the knowledge of the management of minor ailments of school going children among (6-12 years). We are going to Hilton Matriculation Higher Secondary School, Chrompet. Lottery method to assess the knowledge and attitude on management of minor ailments of school going Children (6-12 years) school going children. A total number of 30 school going children who met the inclusion criteria were related by convenient sampling technique.

REFERENCE

